

Curing Chronic Pain: A Whole Person Approach

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Disease in man is never exactly the same as disease in an experimental animal, for in man the disease at once affects and is affected by what we call the emotional life. Thus the physician who attempts to take care of the patient while he neglects this factor is as unscientific as the investigator who neglects to control all of the conditions that affect his or her experiment.

One of the essential qualities of the clinician is interest in humanity, for the secret of care is in caring for the patient.

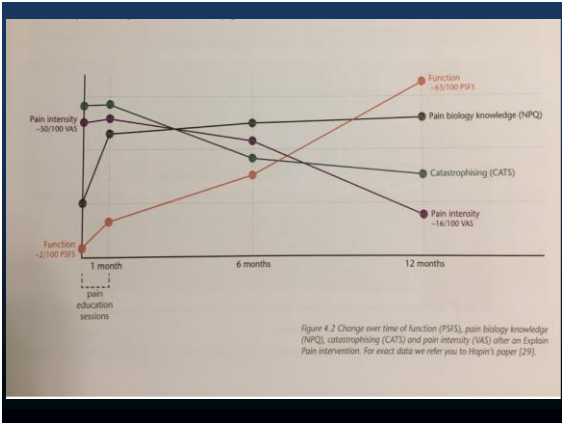


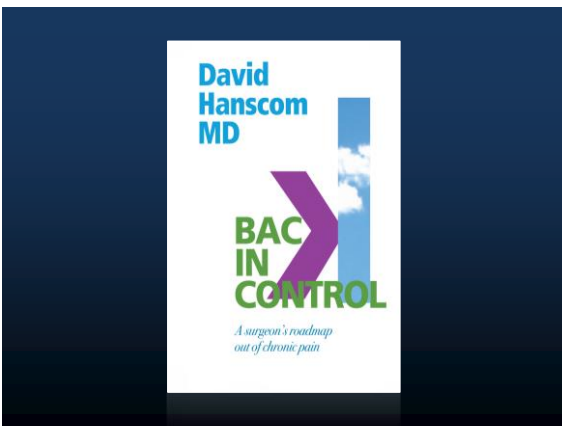
Frances Peabody
The Care of the Patient - 1927

Effective
Efficient
Enjoyable



Awareness





Address All Variables

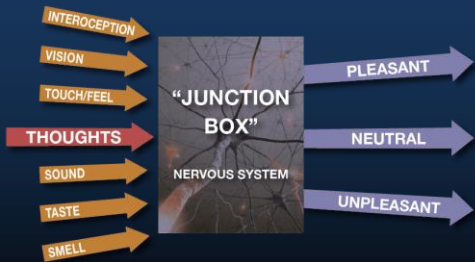
Variables

- Understanding Pain
- Sleep
- Stress
- Meds
- Life Outlook
- Physical conditioning



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Patient Takes Control



advances
in psychiatric treatment

Journal of continuing professional development
Emotional and physical health benefits of expressive writing
Karen A. Galus and Roy Wilkins
APT 2005, 11:338-346
Access the most recent version at DOI: 10.1192/apt.11.5.338


References This article cites 54 articles, 8 of which you can access for free at:
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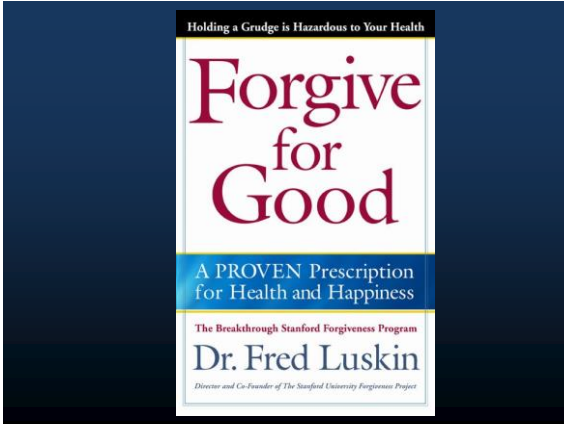
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Write and Rip

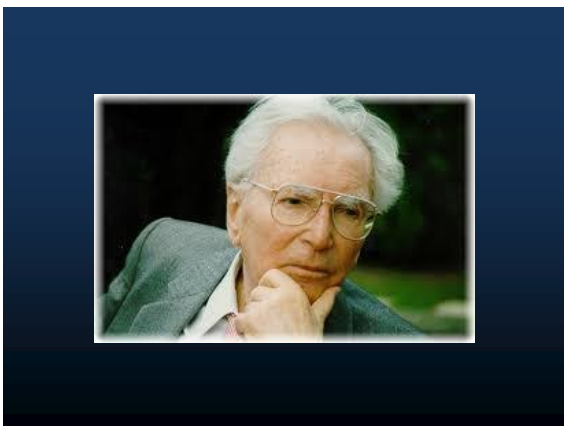


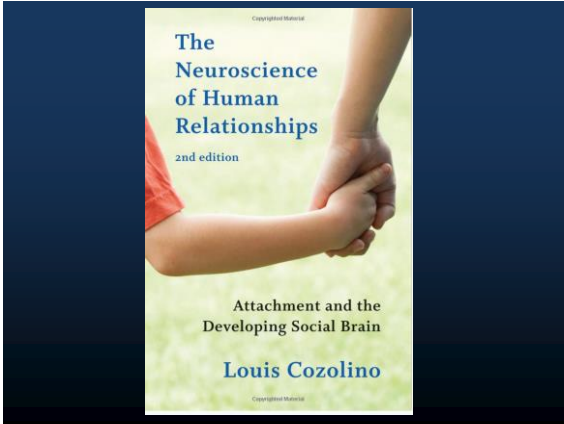
MARK'S STORY





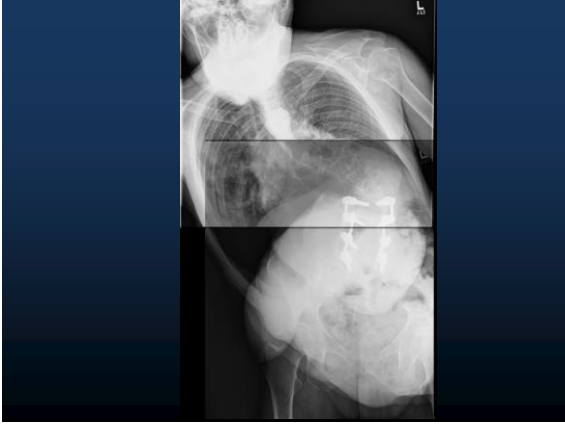






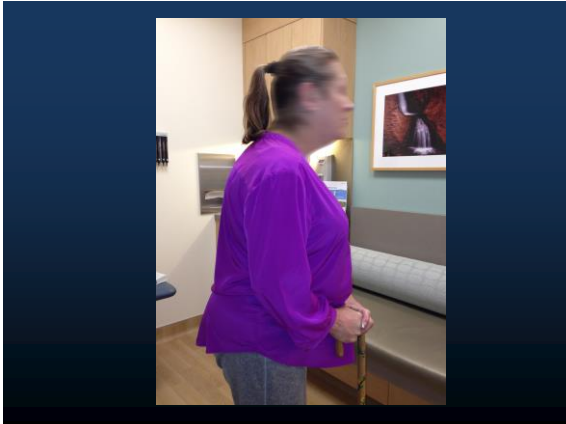




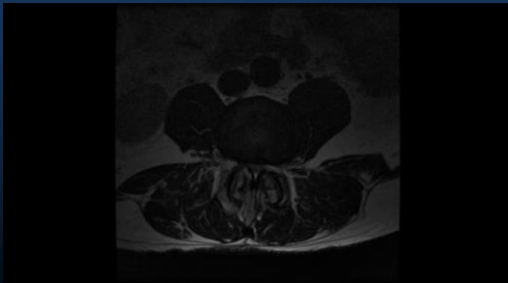




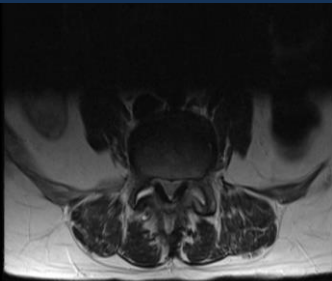




Hunting elk



62 y/o female with neurogenic claudication



I believe that one of the most basic needs that makes us human is to be in charge of our destiny with a sense of purpose. Successfully treating patients suffering from chronic pain requires re-connecting them with their original sense of vision and purpose in life.

Thank You